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PRE-AND POST PROCEDURE INSTRUCTIONS

Botox

Pre op

- Avoid aspirin, Motrin, Advil ibuprofen and Vit E 2 weeks before procedure to avoid bruising
- Use numbing cream if desired (apply 30 min prior to treatment)
- Ok to wear makeup right after

Post op

- During the next 2 to 4 hours, squint and raise the eyebrow area as much as possible to ensure good distribution into the muscles.
- Do not rub or massage treated area for 24 hours to be sure it does not spread to other areas.
- Gently wash face
- Stay erect (do not lie down) for at least 4 hours.